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PDF GUIDE

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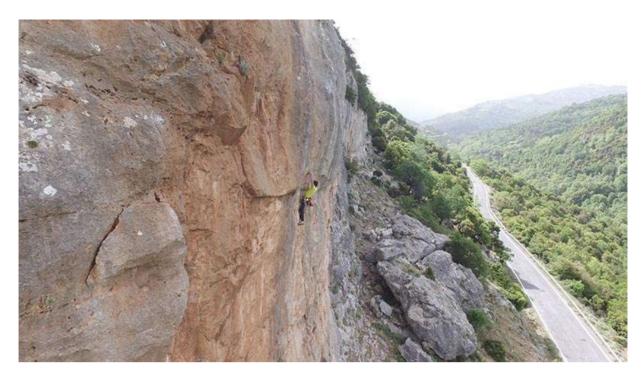


Image 1: Thanasis Kefalas on the route «Giorgos Pappas Extension», 7c, Zonaga, 2017

AGIOS PETROS GREECE

Two new sport climbing crags have been developed near the village of Agios Petros in Arcadia, Peloponnese, Greece: **Zonaga** and **Kakavo**.

Agios Petros is a mountain village built on a green slope at the north side of Mount Parnon at 950m elevation. It has been declared a traditional settlement and its earliest historical mentions are around 1435.

During the 18th century the village was booming due to trade with a population that reached 4000. In its streets the visitor can see many stone-built manor houses, and its big square is known for its church of Peter and Paul as well as the traditional taverns, coffee houses and shops with traditional products and sweets.

The village is surrounded by forests of pine, chestnut, cedar, walnut and plane trees as well as small rivers, waterfalls and bridges that form a wonderful landscape. The larger area is home to various species of protected flaura and fauna and the cedar tree Juniperus Drupacea that surrounds the Malevi Monastery only grows on this spot in all of Europe.

The place reveals itself slowly to the visitors and offers a number of activities for every taste.

ACTIVITIES

Hiking: The international E4 footpath passes from the area as well as a number of local mapped trails, most of which are marked and will lead hikers to unexpected places through dreamy routes. The hike to Mount Parnon's summit "Megali Tourla", which lies at 1935m elevation, is a very popular one. It passes through a unique plateau that blooms in spring and is a magical sight.

Mountain Bike: The area has a number of routes ranging from 3 to 30 klm with scenic landscapes that catch the eye.

Canyoning: There are a number of Canyons on mount Parnon. Very close to Agios Petros lies the canyon of "Lepida" with the waterfalls of the same name.

Caving: Apart from the numerous caves of the general area, recently a cave was discovered right next to climbing sector Zonaga, directly opposite from Agios Petros.

Trail Running: Agios Petros is the starting point of the annual ultra-marathon race «Kronion». There are also a number of trail running races up to 21 klm held in the surrounding villages (e.g.the races in the Village of Ano Doliana).

Astronomy: Every year in July the meeting of Greek astronomers takes place in the glade near the mountain hut that lies 25 minutes by car from Agios Petros. The spot has been chosen for its very low light-pollution.

Religious tourism: The Malevi monastery that lies just 5 minutes from Agios Petros attracts visitors from all around the world. Religious tourism is one of the drivers of the Village's economy.

Oneirologio: Oneirologio in the village of Ano Doliana is a space where kids and adults can learn archery, test themselves in the obstacle course, play paintball and take part in hikes in the surrounding forests. In addition, the place organizes corporate events and school excursions.



Image 2: The view of Agios Petros from sector Zonaga

CLIMBING SECTORS

Creation of rock climbing sectors

The development of the climbing crags began in 2017 with private initiative from Anastasia Pappa and her sons, Thanos and Bill, in memory of their husband and father Giorgos Pappas who had roots in Agios Petros and a great love for the area and his village. Villagers and businesses from Agios Petros and the surrounding villages of Mesorachi and Kastri also helpedfinancially and practically.

Climbing

The rocks consist of grey-brown and red limestone of very good quality with 42 routes in 2 sectors so far. The routes offer a bit of everything. Short and easy routes, slabs, faces, tufas and big overhangs with short approaches.

Conditions

Both crags are around 850 m. elevation and as a result have average temperature 5 degrees lower than the seaside areas of Greece. You can find shade and-or sun almost any time of theday which makes the area suitable for climbing throughout the year.

Note for winter climbing: The area has been known to become closed off in case of heavysnowfall (not very common). Get informed before you visit.

Contact +30-6945-377-328 and +30-27920-31155 or email <u>pappas.athanasios@yahoo.com</u> or contact us on fb at www.facebook.com/climbagiospetros.



Image 3: D. Titopoulos Bolting in Zonaga.



Image 4: Advising the new generation.

GETTING TO AGIOS PETROS

Location

The village is located at the halfway point on the paved mountain road that connects the seaside town of Astros and the city of Tripoli. You can get to the area via both towns. (GPS37.327691, 22.546582.)

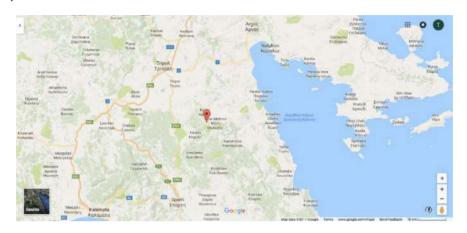


Image 5: Location

Approach A

From Athens via Tripoli (2.15 hours, 195 klm)

From Athens take the E94 to Elefsina and Korinthos. After the Corinth canal continue towards Tripoli on the E7 following the signs to Tripoli-Kalamata. At Tripoli take the exit «Sparti without tolls» (270 degrees turn). After 3.6 klm there is a sign on your right that reads «Ag. Petros» and points left. Turn left and continue for 7.5 klm where the road splits. Take the right road (there are Greek-only signs «Ay. Πέτρος») and continue for another 3klm where the road splits again (again Greek-only signs). Take the left road (essentially staying on the main road). You first arrive at the small village of Mesorachi and you will see sector Kakavo opposite the village. Right after you will reach the village of Kastri were the road splits again. Take the right road to Agios Petros. Upon arriving at Agios Petros you will see the Zonaga sector near the road directly opposite the village.

Approach B

From **Athens** via **Astros** (3.10 hours, 198 klm)

Having passed the Corinth canal and on your way to Tripoli take the Exit **«Ancient Nemea, Nauplio, Mykines»** and follow the signs to **Astros**. Upon arriving at Astros stay left at the characteristic road split. After 500 m. turn right following the **«Ag. Petros»** sign and then after 350 m turn left at yet another **«Ag. Petros»** sign. After 33 klm and having past the wonderful juniper tree forest you will arrive at Agios Petros.

Approach C

From Leonidio via Astros (1.50 hours, 81 klm)

From Leonidio take the seaside road towards Astros-Athens. Approx. 47 klm from Leonidio there is a gas station on the left and right after you arrive at the "Paralio Astros" Junction. Turn

left and then turn left again at the sign "Agios Petros". After 33 klm and having passed throughthe wonderful Cedar forest you will arrive at the village.



Image 6: Our little friends climb in sector Zonaga.



Image 7: Climbing at sector Kakavo

SECTOR ZONAGA

(GPS 37.330105, 22.556176). el. 880m.

Zonaga is the sector that can be seen from Agios Petros. It offers quiet surroundings with a beautiful view of the village. It has all the makings of a popular crag: good quality limestone, low to mid grades (5a-7c) on slabs, faces and mild overhangs and a very easy approach of 3 minutes.

Equippers: Dimitris Titopoulos, Thanos Pappas, Marianna Thymiaki, Nikos Eustratiadis, Dimitris Papageorgiou, Dimitris Trogadas, Faidon Martzoukos, Christos Rigas and Stelios Sivissidis. Neilos Arfanis, Giannis Apostolou and Dionysia Filipaiou also helped.

Bolts: So far, all routes were equipped with UIAA certified Fixe PLX and UIAA certified Raumer 316L.

Gear: 60-meter rope, 18 QD.

Conditions: Best for fall, spring and winter climbing. In winter climbing can be done in the sun(see "shade"). In the summer you can climb in the morning shade.

<u>Note for winter climbing:</u> The area has been known to become closed off in case of heavysnowfall (not very common). Get informed before you visit.

Shade: Until 14:00 on routes 1-26, Until 12:00 on the rest of the crag.

Exposure: Southwest.

Approach: From Agios Petros take the main road towards Astros. After 3 km park at the obvious open space on the right of the road. Continue on foot for 100 m. You will see the rockson your right.

Walking time: 3 minutes. Elevation difference 4m.





ROUTES

1	Oraia Eleni		< m1^^	C. Rigas, F. Martzoukos, T. Pappas 2019
		5b	13m**	, II
2	Martzoupilami	6c+	13m***	C. Rigas, F. Martzoukos, T. Pappas 2019
3	Ble Kivos	6a	13m**	C. Rigas, F. Martzoukos, T. Pappas 2019
4	Tebesiri	6a	13m**	C. Rigas, F. Martzoukos, T. Pappas 2019
5	Locas Botas	5c	13m**	D. Titopoulos, T. Pappas 2017
6	Margarita	5a	13m**	D. Titopoulos, T. Pappas 2017
7	Dutch cyclist	5b	13m**	D. Titopoulos, T. Pappas 2017
8	Kronion	5a	13m**	D. Titopoulos, T. Pappas 2017
9	Syka- Syka	6b	13m♪	T.Pappas, F. Martzoukos 2019
		right/6b+ left		2 versions exist for the finale. Left is harder
10	Skafi- Skafi	7a	13m♪	T.Pappas, F. Martzoukos 2019
11	Shake it to the right	6b	13m***	T.Pappas, F. Martzoukos 2019
12	Apopsilosis	6c+/7a	13m**	C. Kontosis, T. Mpakogiannis, T. Pappas 2020
13	Unlocking the truth	6b+	13m***	T.Pappas, F. Martzoukos 2019
14	Kontakis	5c	20m**	D. Titopoulos, N. Eustratiadis, M. Thymiaki, S. Sivissidis 2017
15	Elatovanilia	6b+	20m**	D. Titopoulos, T. Pappas 2017
16	Bourboulithras	7b	20m**	D. Papageorgiou, D. Trogadas 2019
17	Loukoumaki	7a	20m**	D. Papageorgiou, D. Trogadas 2019
18	Brandon Lee	6b+	20m**	D. Titopoulos, N. Eustratiadis, T. Pappas 2017
19	Marianna	6a	18m**	D. Titopoulos, T. Pappas, M. Thymiaki 2017
20	Pinus Nigra	6c	20m***	D. Titopoulos, N. Eustratiadis, M. Thymiaki, T. Pappas 2017
21	Juniperus	6b	20m***	D. Titopoulos, T. Pappas, M. Thymiaki 2017 This route and the next one (Drupacea) share the first bolt.
22	Drupacea	6b+	20m**	D. Titopoulos, M. Thymiaki, S. Sivissidis 2017
23	Drupacea Direct	7b+	20m***	D. Titopoulos, S. Sivissidis 2017
24	Anastasia	6a+/6b	20m***	D. Titopoulos, S. Sivissidis 2017
25	Lucky Luke	7b+	20m***	D. Papageorgiou, D. Trogadas 2019

26	Giorgos Pappas	6b+	15m***	D. Titopoulos, 2017
27	Giorgos Pappas Extention	7c	25m ♪	D. Titopoulos, 2017
28	Mr Pipilas	7a+	20m***	D. Papageorgiou, D. Trogadas 2019
29	Ta synaisthimata tou Amlet	6b+	20m***	D. Titopoulos, T. Pappas, 2017
30	Neilos	6c	20m***	D. Titopoulos, N. Eustratiadis, T. Pappas 2017
31	Sarantapodarousa	6a/6a+	20m***	D. Titopoulos, T. Pappas 2017
32	Saura	6a+	15m**	D. Titopoulos, T. Pappas 2017
33	Mikri Tourla	6a	15m**	D. Titopoulos, N. Eustratiadis, M. Thymiaki, T. Pappas 2017
34	Megali Tourla	5c+/6a	20m**	D. Titopoulos, N. Eustratiadis, M. Thymiaki, T. Pappas 2017
35	John Aga	6b	15m**	D. Titopoulos, 2017
36	Anideos	6c+/7a	18m♪	D. Titopoulos 2017
37	Verdon	6c+	15m***	C.Kontosis, T. Mpakogiannis, T. Pappas 2020
38	Verdoff	7a/+	15m***	C.Kontosis, T. Mpakogiannis, T. Pappas 2020
39	Rodela pou kilise	5b+	12m**	C.Kontosis, T. Mpakogiannis, T. Pappas 2020



Image 8: D. Titopoulos on the route «Troglodytis», 7b, Kakavo, 2017

SECTOR KAKAVO

(GPS 37.375272, 22.541241). el. 820m

Kakavo is a big sector right opposite the small village of Messorachi that lies 9 klm from Agios Petros. From the rocks there is a wonderful view of Megali Tourla, Mount Parnon's summit. It was discovered by Dimitris Titopoulos and Thanos Pappas in 2016 on a scouting trip. There is big potential here for new routes of all grades and the rocks offer everything: Long routes on faces, tufas, big caves, roofs etc.

Equippers: Dimitris Titopoulos, Thanos Pappas, Stelios Sivissidis, Nickos Kodros, Faidon Martzoukos, Thanos Mpakos, Christos Kontosis, Dimitris Papageorgiou, Eirini Tsape, Dimitris Trogadas, Schlogl Bernd, Manolis Fountoulakis and Marianna Thymiaki. Lykourgos Polychronopoulos and Konstantinos Neokleous also helped.

Bolts: So far, all routes were equipped with UIAA certified Fixe PLX and UIAA certified Raumer 316L and Lapas 316L

Gear: 70m rope, 20 QDs.

Conditions: Best for fall, spring and winter climbing. In summertime climbing is possible inmorning shade or late in the afternoon (see "Shade")

<u>Note for winter climbing:</u> The area has been known to become closed off in case of heavysnowfall (not very common). Get informed before you visit.

Shade: Until around 12 at most of the cliff. The routes around Lepoga stay in the shade until 14.00 and the small red cave at the far right as shade until around 15.00

Exposure: South, Southwest

Approach: From Agios Petros take the main road towards Tripoli. Approx. 9 klm after Agios Petros (having past the village of Kastri) you will arrive at a bridge with yellow siderails. Right after there is a paved road that descends to the right. Follow that road until you arrive at an openair square. Turn left on a cement road. Stay left and ignore various small descending roads the lead to houses. At the point where the road seems to end turn left and immediately right. Follow the cement road until it turns into a smooth dirt road and keep going. You don't need a 4x4 car for the dirt road as it is smooth.

At the first right tight turn park your car. There are spots for cars a little earlier too. The footpath starts there and heads left into the forest. At the small river turn right and follow thefixed ropes. After the small river there are digged in steps that go up. A little after take the right path that leads to a plateau. There are signs, cairns, and fixed ropes that will take you to the rocks.

If you are coming from Tripoli, when you arrive at the bridge with yellow siderails (25 klm from Tripoli) turn left on the paved road that descends towards Mesorachi and follow the same directions as above.

Walking Time: 10 minutes. Elevation difference 50 m.









4	Cracken	71/7.		D. Damagaagiau D. Tragadaa 2010
1	Cracken	7b+/7c	25m♪	D. Papageorgiou, D Trogadas 2019
				Bolts and anchors are in place but the cleaning
				is not finished. Contact us for more info. The
				guide will be updated in time
2	Cracker	7c	25m***	D. Papageorgiou, D Trogadas 2019
				Bolts and anchors are in place but the cleaning
				is not finished. Contact us for more info. The
				guide will be updated in time
3	Clinica Mental	8a+	25m***	D. Papageorgiou. 2019
4	Insomnia	8a	25m***	D. Papageorgiou, 2019
5	Hijo de la Luna	7a/+	25m***	D. Papageorgiou, E.Tsape2019
6	Epimonos Kipouros	7a	25m***	D. Papageorgiou. 2020
		_		D.D
7	Skiouros	7α	22m♪	D. Papageorgiou, E.Tsape2019
_	Saltadoros	6b+	22m***	D. Papageorgiou, E.Tsape D Trogadas 2019
8	Saltauolos	ODT	22111	D. Papageorgiou, E. Isape D. Hogadas 2019
9	Saltadoros Extention	6c+/7a	30m***	D. Papageorgiou, E.Tsape D Trogadas 2019
	Gartagoros Externion	00.774	30111	D.1 apageorgiou, E.13ape D 110gadas 2013
10	Sound Katse Kala	6c	34m***	T.Pappas, C Kontosis, F Martzoukos 2019
			0 1111	The appear, of the most of the management of the
11	Karma is a bitch	6b+	33m***	T.Pappas, C Kontosis 2019
12	Like tears from the sun	5c+	13m**	D. Titopoulos, T. Pappas 2017
13	Bonita	7b	15m	D. Papageorgiou, E.Tsape 2020
14	Unnamed			Schlogl Bernd 2021
				Bolts and anchors are in place but the cleaning
				is not finished. Contact us for more info. The
				guide will be updated in time
15	Unnamed			Schlogl Bernd 2021
				Bolts and anchors are in place but the cleaning
				is not finished. Contact us for more info. The
				guide will be updated in time
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16	Unnamed			Schlogl Bernd 2021 Bolts and anchors are in place but the cleaning is not finished. Contact us for more info. The guide will be updated in time
17	Like tears from the sun	5c+	13m **	T. Pappas D. Titopoulos, 2017
18	Lepoga	8b(?)	25m♪	D. Titopoulos, N. Kodros 2017
19	Spondylos	8a+	22m***	D. Titopoulos 2017
20	Elxi	7a	18m***	D. Titopoulos, T. Pappas 2017
21	My Favorite Part	7a+	15m♪	T.Pappas,F. Martzoukos 2019
22	Manafouki	7c+	28m***	D. Papageorgiou, E.Tsape2020
23	O Sakos tou Politi	6c/6c+	27m***	D. Titopoulos, T. Pappas 2017
24	Vagianaki Rema	6c	25m***	D. Titopoulos, T. Pappas 2017
25	Synonomatos	6b+	25m**	D. Titopoulos, T. Pappas 2017
26	Lady Marmalade	7c+	27m**	D. Papageorgiou, Klemens 2019
27	Roufihtra	7a+	22m**	D. Papageorgiou, 2020
28	Ρουφήχτρα Extention	7b+	28m**	D. Papageorgiou, 2020
29	Amrita	6c+/7a	22m**	D. Titopoulos, T. Pappas, N. Kodros 2017
30	To Tyraki tou Pappou	7b	22m♪	D. Titopoulos, T. Pappas 2017
31	Drososoulitsa	7a	22m***	D. Titopoulos, T. Pappas, N. Kodros 2017
32	Taki Taki	7c+	23m***	D. Papageorgiou, E.Tsape 2020
33	Troglodytis	7b	20m ♪	D. Titopoulos, T. Pappas 2017
34	Trilovitis	6c	22m ♪	D. Titopoulos, T. Pappas 2017
35	Grypas	7c+	27m ♪	D. Titopoulos 2017
36	Agapi	8b		Schlogl Bernd 2021
37	unnamed	8b??		Schlogl Bernd 2021 Bolts and anchors are in place but the cleaning is not finished. Contact us for more info. The guide will be updated in time
38	Megatron	8a/+	30m♪	D. Papageorgiou, 2020

39	Caro-line	7c	33m	Schlogl Bernd 2021
40	Dirty Climbing Business	7b+	33m	Schlogl Bernd 2021
41	Epideksios Raftis	6b/6b+	25m***	D. Titopoulos, S. Sivissidis 2017
42	Dharma	6a+	22m **	D. Titopoulos, S. Sivissidis 2017
43	Master Oogway	6a	20m **	D. Titopoulos, S. Sivissidis 2017
44	Petahtouri	6a	17m **	D. Titopoulos, S. Sivissidis 2017
45	Polikos Arkoudos	6a	20m**	D. Titopoulos, N.Kodros 2017
46	Anrthrakorichos	5c+	20m**	D Titopoulos, S sivissidis, T Pappas 2017
47	Polla Yposxomeni	6b+	23m ♪	T.Pappas, T. Mpakos 2019
48	Unnamed	8a	18µ***	Schlogl Bernd 2021
49	Spasmeno tilefono	7b+	16μ ♪	C.Kontosis, T. Mpakogiannis, T. Pappas 2020
50	Nuclear Pizza	5c	20m **	T.Pappas, T. Mpakos ,F. Martzoukos 2019
51	Back from the edge	6a	15m **	T.Pappas, T. Mpakos, F. Martzoukos 2019



Image 9: Lykourgos Polychronopoulos on the route «Master Oogway», 6a, Kakavo, 2017.

Mount Parnon's Summit, Megali Tourla, in the background.

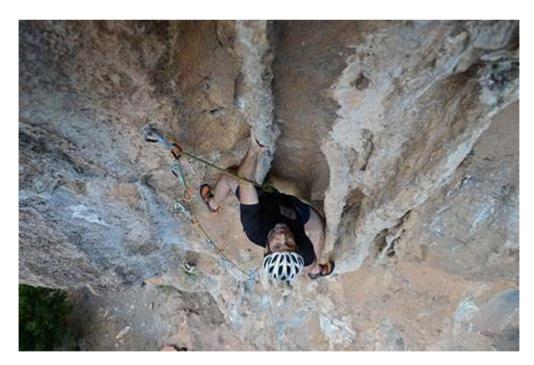


Image 10: Thanos Pappas on the route «Trilovitis», 6c, Kakavo, 2017

ACCOMMODATION

There are a few options for accommodation in the are area

Agios Petros:

Hotel Parnon, <u>www.hotelparnon.gr</u>. Traditional Houses «Malevos» +30-6945-377-328

Kastri:

Rooms «Dafni apartments» +30-6982-380-386

Ano Doliana:

En Dolianois Boutique Hotel http://1821boutiquehotel.gr.

Erasmion Hotel www.erasmion.gr

Parnon Mountain Hut (GPS 37.220432, 22.613329)

The Parnon mountain hut lies 25 minutes from Agios Petros and you can reach it with a conventional car via a paved road. Follow the road from Agios Petros to Astros and before you reach sector Zonaga turn right on the first (and only) turn. The road will leadyou up the mountain. Turn right on the next turn and you will reach the small plateau where the hut is located. The hut offers accommodation with 6 being the minimum number of guests. Several trecks begin from the hut.

Contact number +30-6972-146-990.

Camping is free outside the mountain hut. There is a water spring just 30 meters away. If the hut is open you can use the toilers with a small fee. You can get supplies from the stores of Agios Petros. Please keep the area clean and respect the place and your fellow travelers.

Camping:

Camping is possible outside the chapel of «Agios Georgios» that is only 600m away from the village on the way to the Zonaga sector (37.322811,22.551445). Follow the road towards Zonaga and right after you leave the village turn right on the first uphill paved road (small blue sign "Γήπεδο" and "Άγιος Γεώργιος"). There is a water spring and shelter from the rain as well as stone benches for dinner. You can buy supplies from Agios Petros.

Please keep the areas clean.



Image 9: Thanasis Kefalas on the route "John Aga", 6a+, Zonaga, 2017

SHOPS - RESTAURANTS

In Agios Petros' square you will find five traditional taverns as well as coffee houses and stores with traditional products:

Coffee and Sweets «Karamatzani»

Bakery «O Neilos»

Bar-Coffee «Varvitsiotis»

Mini Markets «To filema» and «To Agiopetritiko»

Traditional products «O Malevos» and «Autarkis Gi»

Every choice offers something special. Discover it!



Image 12: Konstantinos Neokleous on the route «Dharma», 6a+, Kakavo, 2017

EMERGENCY CALLS

In case of emergency:

European emergency number: 112 Tripoli paramedics: +30-2713-601-700Tripoli

Fire Squad: +30-2713-602-510

Agios Petros Doctors Office: +30-27920-31187Kastri

Doctors Office: +30-27920-22241 Kastri Pharmacy: +30-27920-22154

For weather information from local residents please feel free to call:

+30-6945-377-328 or +30-27920-31155.



Image 13: The annual «Astroparty» outside the mountain hut of Parnon, July 2016



Image 14: The spring blooming Mount Parnon plateau and Megali Tourla, the mountain's Summit